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A PUBLICATION OF THE 502nd AIR BASE WING — JOINT BASE SAN ANTONIO — FORT SAM HOUSTON

Lt. Gen. William Caldwell IV, commanding general, U.S. Army North, shares his insights with a gathering of fellow senior military leaders, elected officials, family, friends, fellow service members and civilian partners during his assumption of command ceremony at Fort Sam Houston's historic Quadrangle Jan. 12.

Photo by Sgt. Maj. Eric Lobsinger



## Caldwell takes command of U.S. Army North

By Sgt. 1st Class Manuel Torres-Cortes  
ARNORTH Public Affairs

Lt. Gen. William Caldwell IV assumed command of U.S. Army North (Fifth Army) before a gathering of fellow senior leaders, state and local government officials, family, service members and civilian partners at Fort Sam Houston's historic Quadrangle Jan. 12.

Caldwell carries on a fami-

ly legacy that commenced 34 years earlier when his father, Lt. Gen. William Caldwell III, took command of Fifth Army in San Antonio in 1978; he served as the unit's commanding general until his retirement in 1980.

Caldwell said his new command is one he truly looks forward to, particularly since it involves the vital mission of protecting the American people.

"The size of this state is equal to the size of our mission," Caldwell said. "Our missions – Homeland Defense, Defense Support of Civil Authorities and Security Cooperation – are a no-fail sacred trust to the American people."

The importance of this mission directly lines up with that of U.S. Northern

See CALDWELL, P6

## Secretary of the Army reaffirms support for Soldiers, families

By Evan Dyson  
FMWR Public Affairs

Secretary of the Army John McHugh reaffirmed the Army's support to Soldiers and Families Jan. 11 during a visit to the headquarters of the U.S. Army Installation Management Command.

Although there will be many changes coming to the Army, said McHugh, "What won't change is our commitment to taking care of Soldiers and Families."

Following a morning visiting wounded warriors at Brooke Army Medical Center, McHugh met with IMCOM commanding general Lt. Gen. Michael Ferriter and other top IMCOM officials to discuss installation issues. IMCOM oversees all facets of

installation management including Soldier and family morale, welfare and recreation programs within its Family and MWR Programs division. Additional responsibilities of the organization range from construction to public works on installations around the world.

McHugh's visit included tours of the IMCOM headquarters building and nearby Installation Management Academy and ended with a recognition ceremony for a number of IMCOM Soldiers and civilians.

"I want to tell all the folks at this great command, thank you for what you do for our men and women in uniform [and] for their Families – not just here but all across this great Army," McHugh said. "It's because of you that we're Army Strong."



Photo by Lori Newman

The Hacienda Recreation Center is being demolished to make room for two new 502nd Force Support Squadron facilities on the Medical Education and Training Campus – the Academic Support Building and the Student Activity Center, ushering in a modern era of recreation and leisure for the student population on Joint Base San Antonio-Fort Sam Houston. See related stories on Pages 10-11.

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# OPSEC, AF core values vital in social media

While Airmen are encouraged to tell the Air Force story, they should be mindful to do so in ways that lend credit to themselves and the service, officials said.

With the emergence of social media, information sharing has changed in unprecedented ways. It continues to be dynamic and evolving.

Now a cultural norm around the globe, social media is part of the daily activities of Airmen and their families, who use social media sites to stay connected.

The Air Force has specific guidance related to social media. In particular, Airmen should remember to heed both operational security and

Air Force core values as they exercise the privilege of accessing social media, officials said.

"A helpful reminder for Airmen is to use our core values as a filter before engaging in a public forum," said Col. Steve Clutter, the Air Education and Training Command public affairs director.

"Core values will guide them to be cautious before crossing the line between funny and distasteful, or sharing good information without creating an OPSEC violation. We must reinforce to our Airmen to use good judgment when using social media sites as there may be consequences with what is posted."

Careless use of social media can jeopardize the mission. An OPSEC violation was detailed in an article written by Airman 1st Class Precious Yett, with the 502nd Air Base Wing OL-B Public Affairs at Joint Base San Antonio – Randolph Air Force Base.

"I had a situation with a member who was deployed downrange in support of Operation Iraqi Freedom," said Tech. Sgt. Darrell Williams, the 902nd Security Forces Squadron Military Working Dog section NCO in charge. "I logged onto Facebook one morning and noticed he had checked-in to his search pit on the base."

"He wasn't thinking



that by doing so, he's broadcasting the grid coordinates to a strategic location on base via an unsecured medium," Williams said.

"Anyone with hostile intentions could have utilized those coordinates to not only locate an entry point into the installation but target those who

work there. Additionally, the deployed member had posted what equipment was currently in use and identified these pieces of equipment by name."

Williams said he immediately sent the airman a Facebook

**See OPSEC, P4**

# Army stresses caution, education to combat social media scammers

You just signed up for a Facebook profile and a four-star general already wants to be your friend.

Good thing right? Not likely.

Fake profiles, impostors and online scams litter the social media landscape, and as social media evolves, so do the tactics of online crooks.

As social media use becomes more prevalent in today's Army, many Army leaders and Soldiers recognize that effective social media education is the best way to keep Soldiers from falling into the traps set by social media scam artists.

"It's still the wild west out there," said Staff Sgt. Dale Sweetnam, the non-commissioned officer in charge of the Online and Social Media Division, or OSMD, in the Office of the Chief of Public Affairs.

"You have to stay vigilant, protect your information and always be

on the lookout for social media scams."

The Army authorizes the use of social media in both official and personal capacities, but Sweetnam said the threats are always present so education is key. Social media scam artists work tirelessly to steal personal information, impersonate Soldiers and try to acquire sensitive information.

"We are all familiar with the Nigerian money scam emails that used to plague our email accounts a few years ago, right? Well now that our online use has evolved, so have scammers," said Maj. Juanita Chang, the Army's director of OSMD.

"If you are a scammer who wants to build someone's trust and then con them into sending you money, doesn't it make sense to steal the identity of someone America trusts – and

nobody is held in higher esteem than our military members, so they make a lucrative case to impersonate. People inherently trust the military and wouldn't imagine being conned by a Soldier or a general with a chest full of medals," said Chang.

In 2009, the Robin

Sage Experiment effectively demonstrated how people respond to social media scams. In December of 2009, Provide Security, a cyber security company, created fake Facebook, Twitter and LinkedIn profiles for a person they named "Robin Sage." Sage claimed

to be "Cyber Threat Analyst."

Over the next few months, the fake persona collected hundreds of friends and over time, slowly extracted sensitive information from those in the intelligence and cyber

**See MEDIA, P4**



## News Briefs

### Phase I Army reenlistment window closes Jan. 31

Soldiers with an ETS date between Jan. 1 and Sept. 30 are considered in the reenlistment window during this Phase I. These Soldiers must reenlist prior to Jan. 31(end of phase I). Soldiers with an FY 12 end of time in service date who do not reenlist during Phase I are no longer eligible for reenlistment. For more information, call the installation career counselor at 221-2800.

### Cole Project Graduation

The Cole High School Project Graduation dinner and talent show takes place at 5:30 p.m. Jan. 21 at the Roadrunner Community Center, Building 2797 at 2010 Stanley Road. After dinner, the talent show and a basket auction to support Cole High School seniors will commence. Tickets are \$5 per person (children 3 and under are free) and can be purchased at the door.

### Military Service Station Undergoing Renovations

The Joint Base San Antonio Fort Sam Houston Military Service Station, Building 4050 on Wilson Way, is undergoing renovations and expected to be complete on or about Jan. 27. During this process, customers will continue to have 24-hour access to each grade of fuel at this station. However, there may a limited number of dispensers available for each grade. For more information, call 925-4936 or 925-5374.

### Tech expo at Sam Houston Community Center

The Network Enterprise Center hosts the semi-annual Technology Exposition from 10 a.m. to 2 p.m. Jan. 25 at the Sam Houston Community Center. The expo is open to all personnel and is free to attend. More than 30 exhibitors will demonstrate the latest in emerging technologies. To pre-register, visit <http://www.federalevents.com>, click on the Fort Sam Houston link and select the pre-register button. This saves people from standing in lines at check-in.

### Camp Bullis Barber Shop Hours Change

The hours of operation for the barber shop in the Camp Bullis Exchange are now 10 a.m. to 6 p.m. Monday through Friday; 10 a.m. to 5 p.m. Saturdays and closed Sundays and holidays.

See NEWS, P4

# Army FMWR director praises King's 'soul generated by love'

By Rob Dozier  
IMCOM Public Affairs

"You only need a heart full of grace, and a soul generated by love," said Dr. Martin Luther King Jr. in a sermon Feb. 4, 1968. King meant to encourage his congregation to seek greatness through service.

J.C. Abney, director of G9, Family and Morale, Welfare and Recreation for the U.S. Army Installation Management Command, repeated the iconic civil rights leader's call to service as the featured speaker at the installation's Dr. Martin Luther King, Jr. birthday celebration at the Fort Sam Houston Theatre Jan. 12.

"We're here to join and celebrate the legacy of a great man, Dr. Martin Luther King, Jr.," Abney said. "If he was still alive today, Dr. King would be 83 years old. At the time he spoke these words that represented his vision of an America rid of racial tension, he was only 34 years old."

Time won't erase King's call

to selfless service.

"Each and every time I hear that speech, the words resonate with me, especially when I think about the young Dr. Martin Luther King Jr.," Abney said. "No matter how you look at Dr. King's life, it is clear he lived a life of service."

King's life is well documented. He graduated from high school at 15, became an ordained minister and finished college at 19, led his first church at 25, earned a Ph.D. at 26, was a Nobel Peace Prize Laureate at 35, and died at 39. Abney stressed to the audience of about 250 that Dr. King lived a life of service.

"I have often heard people talk about life in terms of the dash," said Abney. "As you walk through a cemetery, and read the headstones, there is a dash that separates the date you are born and the date you die. Dr. King's dash was 39 years."

"Have you ever stopped to think what he accomplished in just those 39 years, as they relate to selfless service," Abney questioned. "Have you ever



Photo by Rob Dozier

J.C. Abney, director of G9, Family and Morale, Welfare and Recreation for the U.S. Army Installation Management Command, was the featured speaker at the installation's Dr. Martin Luther King Jr. birthday celebration at the Fort Sam Houston Theatre Jan. 12.

stopped to think what your dash will tell others about your selfless service?"

The birthday celebration was organized by the Fort Sam Houston Equal Opportunity community to remember Dr. King's life and inspire soldiers and civilians to act.

King's call to service came after Rosa Parks refused to give up her seat on a bus in Montgomery, Ala., and was arrested. King responded by organizing the Montgomery bus boycott. This action led to a Supreme Court decision that Montgomery's segregated buses were unconstitutional.

"Courage is all that separates an ordinary person from a great person," Abney said. "But King makes the point that when people serve, anybody can be great, because anybody can serve."

"Since his assassination in 1968, King's legacy has inspired public service," Abney said. "He has certainly inspired me in my lifetime."

Abney grew up in South Carolina and retired at the rank of colonel after more than 27 years in the Army.

See ABNEY, P14

## 32nd Medical Brigade honors Dr. Martin Luther King Jr.

By Esther Garcia  
AMEDDC&S Public Affairs Office

In observance of the birthday of Dr. Martin Luther King Jr., Headquarters and Headquarters, 32nd Medical Brigade held a special ceremony at the Evans Theater Jan. 12.

After opening remarks by Army Medical Department Center & School Command Sgt. Maj. James Diggs, a proclamation signed by the Mayor Julian Castro declaring January 16 as Martin Luther King Day was read by Sgt. 1st Class Francisco Rosario.

Iconic photos of the slain civil rights leader were then shown, as his voice boomed out reciting his famous speeches, including the "We Shall Overcome" speech.

Members of the Sgt. Audie Murphy Club highlighted King's accomplishments, such as when he graduated from high school at the age of 15, graduating from college at the age of 19, receiving his Ph.D. at the age of 26 and receiving the Nobel Peace Prize at the age of 35, and the historic march to Washington, D.C.

Sgt. 1st Class Ahmand Brown then recited Dr. King's well-known "I Have a Dream" speech.

"In acknowledging the celebration of Dr. Martin Luther King's birthday, we talk about a true patriot that made the ultimate sacrifice for lots of the freedoms that so many take lightly," Diggs said.

See 32ND MED, P14



Photo by Esther Garcia

Sgt. 1st Class Ahmand Brown recites the "I Have a Dream" speech during a ceremony honoring Dr. Martin Luther King Jr. held at the Evans Theater Jan. 12.

## News Briefs

### from P3

#### **Schertz Medical Home changing hours**

The Schertz Medical Home is changing their operating hours to 8 a.m. to 5 p.m., beginning Feb. 6.

#### **Consolidated Monthly Retirement Ceremony**

A ceremony will be held 11 a.m. Jan. 26 at the Fort Sam Houston Quadrangle.

#### **National Prayer Breakfast**

The 502nd Mission Support Group ministry team will host a National Prayer Breakfast, 6:30-7:30 a.m. Feb. 15 at the Fort Sam Houston Community Center. The guest speaker is retired Lt. Col. Steve Russell, the author of "We Got Him!," a memoir of the hunt and capture of Saddam Hussein. Tickets are \$10. Call 221-5007 or 221-2754.

#### **Type 2 diabetes research study**

Military medical beneficiaries (retired and family members of active duty and retired), age 18-65, and diagnosed with Type 2 diabetes may be a candidate for a research study titled "Sleeve Gastrectomy Versus Medical Management For Remission Of Diabetes In Mild To Moderately Obese Patients," even if not being a previous candidate for weight loss surgery before. Active duty personnel are unable to participate. For more information, call the Bariatric Clinic at 292-2210.

#### **TRICARE pharmacy contract with Walgreens not renewed**

Walgreens is no longer be a TRICARE network provider. If a beneficiary fills a prescription at Walgreens, they will pay 100 percent of the cost and will need to file a paper claim for non-network benefit reimbursement (with a higher cost share). Additional information can be found at the following websites: <http://www.tricare.mil/walgreens/>, <http://www.express-scripts.com/TRICARE>, <http://www.defense.gov/news/newsarticle.aspx?id=66626>. These resources can be used to find information on how to transfer a prescription, find a new pharmacy, or other FAQs. If needed, beneficiaries can take current prescription bottles to a new network pharmacy to have prescriptions transferred. Beneficiaries who need help finding a pharmacy or changing their medications to home delivery, or who have other questions, can contact Express Scripts at 1-877-885-6313.

# New tax guide helps people save on their 2011 taxes

Taxpayers can get the most out of various recovery tax benefits and get a jump on preparing their 2011 federal income tax returns by consulting a newly revised comprehensive tax guide now available on IRS.gov.

Publication 17, Your Federal Income Tax, features details on taking advantage of a wide range of tax-saving opportunities, such as the American

opportunity credit for parents and college students, and the child tax credit and expanded earned income tax credit for low- and moderate-income workers.

This guide also provides more than 5,000 interactive links to help taxpayers quickly get answers to their questions.

Publication 17 has been published annually by the IRS since the 1940s and has been

available on the IRS web site since 1996.

As in prior years, this publication is packed with basic tax-filing information and tips on what income to report and how to report it, figuring capital gains and losses, claiming dependents, choosing the standard deduction versus itemizing deductions and using IRAs to save for retirement.

Besides Publication 17, IRS.

gov offers many other helpful resources for those doing year-end tax planning.

Forms already available include Form 1040, short Forms 1040A and 1040EZ, Schedule A for itemizing deductions and new Form 8949 for reporting sales of stocks, bonds and other capital assets.

(Source: <http://www.irs.gov/newsroom/>)

## MEDIA from P2

communities.

Not only does the Robin Sage Experiment demonstrate how easy it is for someone to penetrate social media circles, it shows that even some of the most security-minded individuals are still susceptible to attacks.

Not every social media scam is as complex and thought out as the Robin Sage experiment. In many cases, people will simply go online, become "friends" with a Soldier in uniform, steal the photo and use it as their own profile photo. Some individuals have actually taken the identity of a deceased Soldier and used as to solicit money from unsuspecting victims.

One such incident was reported by the New York Post in 2011. It happens to deceased Soldiers, active Soldiers and even Army leaders.

"I spend a few hours a week searching social media platforms for people posing as Army leaders," Sweetnam said. "We work hard to protect the digital integrity of our Army leaders. It's disappointing to find that there are so many scam artists out there, but for now, that's just the way it is."

Sweetnam said that fake Pages also exist for Army organizations, so he suggested that those interested in finding official Army social media presences should check out the Army's Social Media Directory.

Sweetnam said that regardless of how involved you are with social media, it's impor-

tant to always be on the lookout for scams. He said that you should never "friend" someone you don't actually know in person on Facebook. You should also do periodic Google searches for your name to make sure nobody is using your name and likeness for personal gain. And, of course, always keep Operations Security in mind.

"OPSEC should always be the paramount concern," said Sweetnam. "Throughout our Army career, we are trained on the importance of OPSEC. Maintaining information security should apply not only during deployments, but each time you sign on to Facebook or Tweet."

To stay safe, the Online and Social Media Division suggests that social media users take several precautions when using social media.

- It's important to not share information that users don't want to become public.
- Verify a "friend" request by phone or other means before allowing access. Group "friends" (e.g., real life, co-workers, strangers, etc.) and control access permissions based on the groups.
- Take a close look at all privacy settings. Set security options to allow visibility to "friends only."
- Users should be careful about what they post about their lives on social media platforms. Once something is out there, users can't control where it goes.
- Be cautious when listing job, military organization, education

and contact information.

- Ensure that information posted online has no significant value to the enemy. Always assume that the enemy is reading every post made to a social media platform.
- Closely review photos before they go online. Make sure they do not give away sensitive information which could be dangerous if released.
- Make sure to talk to family about operations security and what can and cannot be posted.
- Create different, strong pass-

words for each online account. Never give password information away.

"Social media is an exciting space," Sweetnam said. "There is a lot the Army can achieve using social media and there are endless benefits for Soldiers and their families. But we have to be safe and we have to be on the lookout for those who wish to ruin a good thing."

(Source: *Social Media Division, U.S. Army Office of the Chief of Public Affairs*)

## OPSEC from P2

message and reminded him of operational and communication security procedures. The post was deleted, but with the information already online, the damage could have already been done.

The Air Force pamphlet "Social Media and the Air Force," located online at (<http://www.af.mil/shared/media/document/AFD-091210-043.pdf>) and produced by the Air Force Public Affairs Agency Emerging Technology Division, states, "Airmen should note that anytime they engage in social media, they are representing the Air Force and therefore should not do anything that will discredit themselves or the Air Force."

It goes on to say, "Airmen must abide by certain restrictions to ensure good order and discipline. All Airmen are on duty 24 hours a day, 365

days a year and all actions are subject to the Uniform Code of Military Justice. Even if Airmen state they are not representing the Air Force, other audiences may not interpret the information that way.

Officials advise Airmen to be careful of the details, text, photos and video posted to profiles on MySpace and Facebook and other social networks. Employers and adversaries can search these sites, and there are numerous examples of people losing a job due to their inappropriate photos or comments.

"Airmen, by the nature of the business, are always on the record and must always represent the core values, even on the Web: integrity first, service before self and excellence in all that is done," the pamphlet stated.

(Courtesy of Air University Public Affairs)





## CALDWELL from P1

Command, the unit's higher command.

"As NORTHCOM's Army Service Component Command, Army North has been on the watch for almost a decade," said Gen. Charles Jacoby Jr., the commanding general of North American Aerospace Defense Command and U.S. Northern Command.

"Army North has been the key component in executing our joint missions. During that time, the command's achievements have been impressive."

The history of the Army in San Antonio is well documented, Caldwell said, and nowhere else is that history more clear than here in the historical Quadrangle. He said he will work with his fellow Army commanders and Air Force partners to ensure Fort Sam

Houston and Camp Bullis remain exemplary Army communities.

Prior to assuming command of Army North, Caldwell served as the commander of North Atlantic Treaty Organization Training Mission-Afghanistan and Combined Security Transition Command-Afghanistan from November 2009 to November 2011.

Prior to his deployment, he served as the commanding general of the Combined Arms Center at Fort Leavenworth, Kansas, the command that oversees the Command and General Staff College and 18 other schools, centers and training programs located throughout the United States.

Jacoby said Caldwell's previous experience in providing support to the American public in its time of need shows that he is the man for the job.

"Today, I'm delighted to pass this mantle of this great command to Lt. Gen. Caldwell to lead this organization to build upon those great achievements," Jacoby said.

"Bill led the deployment of 3,600 paratroopers in helping to evacuate 6,000 residents and treat over 1,300 patients in Hurricane Katrina. This leader knows how to do Defense Support of Civil Authorities."

Caldwell hails from a long line of Soldiers.

Caldwell hails from a long line of Soldiers, with a William B. Caldwell serving in every conflict the United States has participated in since World War I. His great grandfather, William B. Caldwell, served in the Army during the first World War; his grandfather, Col. William B. Caldwell II, served during World War II and retired after 37 years of

military service; and his father, Lt. Gen. William B. Caldwell III, retired after 32 years of service, which included combat tours of duty in Korea and Vietnam and culminated in his final two years as the Fifth Army commanding general.

In closing, Caldwell said he looks forward to working with his civilian and military partners.

"Our success in such an endeavor is really measured by the by the success of others," Caldwell said.

"Therefore, it is imperative that we develop trusted partnerships with other governments, U.S. agencies and entities. This command will continue its unwavering resolve in our mutual fight against Trans-National Criminal Organizations, and I personally look forward to building our trusted relationships."



**Photo by Sgt. 1st Class Manuel Torres-Cortes**

Gen. Charles Jacoby Jr., (left) commanding general, North American Aerospace Defense Command and U.S. Northern Command, congratulates Lt. Gen. William Caldwell IV, commanding general, U.S. Army North, during Caldwell's assumption of command ceremony at Fort Sam Houston's historic Quadrangle Jan. 12.



# Raise a cup to the Java Café, now brewing at FSH Community Center

By Deyanira Romo Rossell  
502nd FSS Marketing

Black, or with cream, frothy or not, the Java Café is serving Starbucks coffee in the new and improved Sam Houston Community Center, which officially reopens its doors at 5 p.m. Jan. 20 in Building 1395 on Chaffee Road.

While the smell of hot

java will lure you to the center, other features including free Wi-Fi, a game room with air hockey and pool tables, and Nathan's Famous Hot Dogs will entice patrons to stay for a while.

The grand reopening is an opportunity for the post community to get a sampling of the coffee or the Coney-island style dogs and even to try out

the game room.

The new facility offers service members, their families, students and all Department of Defense

cardholders an ideal spot to spend their leisure time.

The FSH ticket office continues to be an

anchor in the facility, offering discount packages to resorts like Sea World, locally or to some of the other Busch or Disney Parks.

The facility also offers meeting space and is already well-known for its catering services, ac-

commodating as many as 600 guests.

The renovation will be complete with the opening of the AAFES Barber Shop in February.

For more information about the Sam Houston Community Center, call 224-2721.

Staff Sgt. Ryan Cobin enjoys the first drops of Starbucks coffee served at the Java Café, now open at the Sam Houston Community Center.



**Photos by Deyanira Romo Rossell**

Barista Sandra Suggs prepares a Caramel Macchiato, a Starbucks favorite among troops trying out the new Java Café on Fort Sam Houston.



# Air Force completes FY12 civilian workforce restructure

By Ann Stefanek  
Secretary of the Air Force  
Public Affairs

Air Force officials announced 4,500 additional positions for elimination as a continuation of its FY12 Civilian Workforce Restructure Jan. 11.

This reduction builds on the realignments announced in November, including the elimination of 9,000 positions and the addition of 5,900 positions against the Air Force's top priorities. In addition, these reductions respond to the Secretary of Defense's direction to target civilian funding at fiscal year 2010 levels.

"We value our talented and experienced workforce and are trying to do everything possible

to manage these reductions with as little impact to our people as possible," said Michael B. Donley, Secretary of the Air Force.

In an effort to encourage voluntary separations and retirements, the Air Force is currently offering its second round of voluntary separation incentive pay and voluntary early retirement authority programs.

Civilian employees received VERA/VSIP eligibility surveys from their personnel managers earlier this month and the applications are due no later than Feb. 3. Approved applications will result in separations or retirements that take effect by April 30.

Air Force officials are

still evaluating the need for a Reduction in Force.

"At this time, we are surveying the workforce for a second round of VERA/VSIP and are in the midst of management reassignments resulting from the first round of the restructure," said Brig. Gen. Gina Grosso, director of manpower, organization, and resources.

"Once we exhaust all voluntary force management measures, a determination will be made whether or not a RIF is necessary. We hope to have more information in the spring."

This announcement marks the end of civilian reductions associated with the Air Force's FY12 civilian workforce restructure.

# Dietary supplements removed from exchanges due to health concerns

The Department of Defense has implemented a temporary moratorium on the sales of products containing dimethylamine, commonly referred to as DMAA, within military facilities.

The moratorium will remain in effect pending further review of relevant scientific evidence and reported events, officials said.

Recent reports show that two Soldier deaths and additional adverse health effects in other service members may be related to the use of dietary supplements containing DMAA.

"We support the decision of the Military Exchanges and Commissaries to remove products containing DMAA

from their shelves until we can make a further determination about the safety of this ingredient," said Dr. Michael Kilpatrick, the deputy director of Force Health Protection and Readiness Programs with the Office of the Deputy Assistant Secretary of Defense for Force Health Protection and Readiness.

DMAA is sold as a single supplement and in combination with multiple other ingredients. In particular, it is often combined with caffeine, a legal, natural stimulant. Stimulants may accelerate metabolism, heart rate and blood pressure, which may increase the body's production of heat, especially in hot and

humid conditions.

The Assistant Secretary of Defense for Health Affairs Jonathan Woodson asked the surgeons general of the military services to conduct a review of available scientific evidence and adverse event reports to better understand any potential relationship between DMAA and these events.

"We take the health of our service members and families very seriously, and believe this action is necessary as a precautionary measure until we can learn more," said Lt. Gen. Patricia Horoho, the Army surgeon general.

*(Source: U.S. Army Medical Command Public Affairs)*

**“I don't believe in ghosts, but strange things would happen.”**

*Ben Paniagua,  
Director, Hacienda Recreation Center*



# Adios, Hacienda!

## ‘Harvey’ has left the building; service members haunt will be remembered

**By Lori Newman**  
JBSA-FSH News Leader

The Hacienda Recreation Center may not be an historic structure on Joint Base San Antonio, but it does have an interesting past.

According to a War Department document from the Fort Sam Houston Museum, the post-World War II structure was built in 1945 as some sort of recreation building for Brooke General Hospital.

“The facility became a recreation center for the Soldiers who were training on Fort Sam Houston in 1964,” said long-time recreation director Ben Paniagua.

Paniagua started working at the recreation center, known as Service Club No. 2, in 1966 as a recreation aide.

“When I first came to work there, I asked my boss what my job was,” Paniagua said. “Her response was, ‘Your job is to take care of Soldiers.’”

“That’s what I have done for more than half my life,” he said.

The recreation center was renamed the Hacienda in 1973. A contest was held to rename the facility; the Soldier who came up with the name received a \$100 savings bond.

Although the times have changed, the purpose of the Hacienda has not.

“Some of the things we did back then wouldn’t go over today,” Paniagua said. “We would have finger painting and call it ‘Mad Art Night.’”

The Soldiers could rent record players and

listen to music.

“We would have cupcake decorating and horse races using wooden horses,” he explained.

“We would have shows with dancers, singers or bands. The place was always packed,” the recreation director said. “The Soldiers were receptive to anything we had for them.”

Many things have happened during the last 45 years, Paniagua said.

Around 1968, the workers at the club experienced many strange happenings.

“I don’t believe in ghosts,” Paniagua said. “But strange things would happen.”

According to Paniagua, when closing the club in the evenings, the workers would check all the doors and windows to make sure they were locked. Then they would leave the building, only to turn around and see a window open that they were sure was locked.

“Another time we heard flute music playing. It sounded like it was coming from upstairs,” Paniagua said. “But when we went upstairs, we couldn’t find where it was coming from. We checked to see if someone left a radio on, but they were all off.”

The workers began referring this spirit as “Harvey.” When strange things happened at the club they would just say, “Harvey’s at it again.”

After the club was renovated in 1988, the ghostly happenings stopped.

More tales of these paranormal events can be found

in the books, “Ghosts Around The House” by Susy Smith and “Apparitions” by John and Margaret Warner.

Paniagua also helped start the Better Opportunities for Single Soldiers program on Fort Sam Houston.

The Hacienda has hosted many performances for the BOSS Festival of the Arts U.S. Army Competition.

The shows and Paniagua received numerous awards for their entries in the competition.

The Hacienda director said the greatest change he has seen is joint basing.

“I anticipated a little bit of rivalry between the services, but they all seem to be one,” he noted.

“They’re brothers and sisters with one objective – to be in the military and to protect us and take care of our freedom and our country.”

Now the service members come into the Hacienda to relax and be with their friends, he said. “They hang out on the couches, get food at the snack bar, play with their iPods or sit on the patio and talk to each other.

“I like to provide a homey, relaxing atmosphere where

[service members] can relax and be in a stress-free environment,” the director said.

Soldiers who are now command sergeants major or officers often come back to JBSA-FSH to visit Paniagua and the Hacienda.

“I live and breathe Soldiers and being given the opportunity to take care of them is the greatest gift that I have ever received,” Paniagua said.

“There was a time when they used to call me ‘brother,’ then it was ‘father,’ now it’s ‘grandfather,’ he said with a laugh.

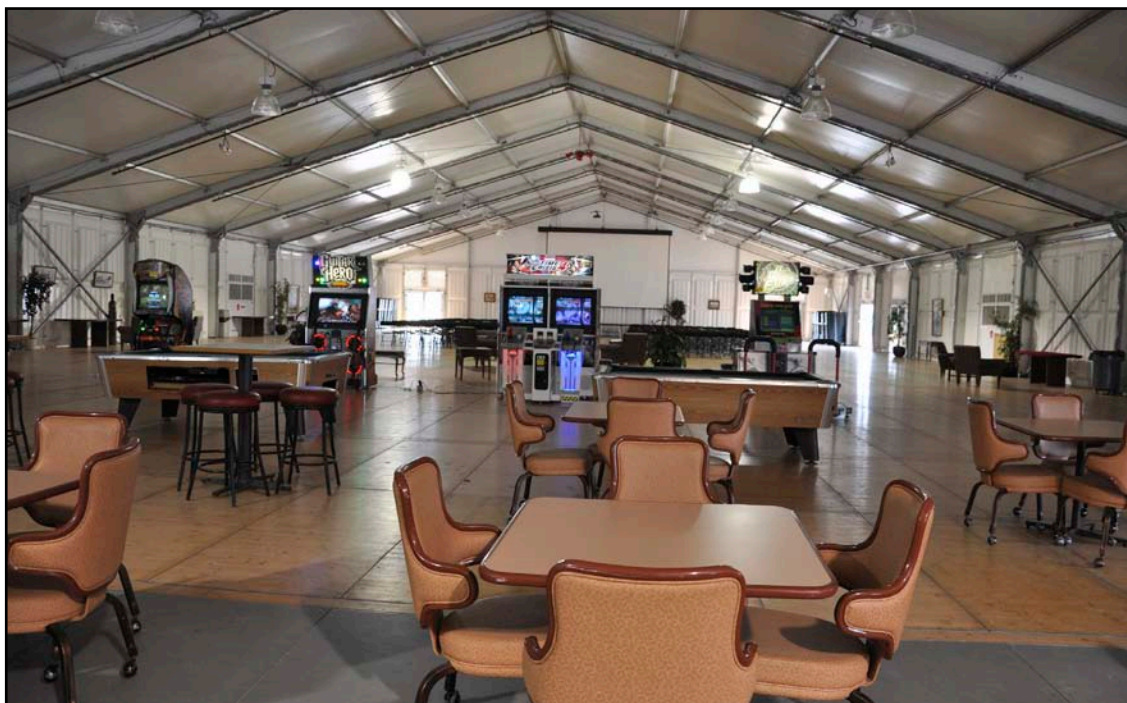


Photo by Lori Newman

The temporary Hacienda Student Center will be located in a big area tent at 3100 Marvin R. Wood. The center will tentatively open Jan. 21. Much like the Hacienda, students will be able to play video games and pool, watch movies or television and enjoy music and snacks. The center will be open 5 to 10 p.m. Fridays and Saturdays and 5 to 9 p.m. Sundays until the new facilities open in 2013.





Courtesy illustration

Two new 502nd Force Support Squadron facilities will open their doors on the Medical Education and Training Campus – the Academic Support Building and the Student Activity Center. The SAC features a total of 59,521 square feet, with every inch devoted to providing service members with choices in entertainment, relaxation, dining and even creative endeavors. The ASB will boast a sprawling 20,848 square feet with 9,192 square feet dedicated to a “mega room” with seating for 980 people, fulfilling the campus’ need for graduations and special functions.

# Academic Support Building, Student Activity Center usher in a modern era of recreation, leisure

By Deyanira Romo Rossell  
502nd FSS Marketing

As the last remnants of the Hacienda Recreation Center turn to dust, the ground beneath it will settle and again hold a structure that will serve generations of troops who pass through Fort Sam Houston.

Coming in 2013, two new 502nd Force Support Squadron facilities will open their doors on the Medical Education and Training Campus – the Academic Support Building and the Student Activity Center, ushering in a modern era of recreation and leisure on the historic post.

The ASB will boast a sprawling 20,848 square feet with 9,192 square feet dedicated to a “mega room” with seating for 980 people, fulfilling the campus’ need for graduations and special functions.

A total of 5,400 square feet will be dedicated to administrative space including 23 personnel cubicles, accommodating in-and-out processing. The SAC features a total of

59,521 square feet, with every inch devoted to providing service members with choices in entertainment, relaxation, dining and even creative endeavors.

“The eastern portion of the Student Activity Center is a three-story club reflecting a ‘Dave & Busters’-style atmosphere,” said Justin Kurz, the project engineer with U.S. Army Corps of Engineers on Fort Sam Houston, who is the lead on the project.

The bottom floor of the SAC, Level 0, will have a large open dance floor, DJ area, large beverage station, and substantial seating as well as an outdoor patio with more seating and an area for live bands to perform, both inside and outside.

The building’s service facilities include as a loading dock, walk-in refrigerators and coolers, mechanical and electrical rooms, restrooms, and IT rooms, as well as an employee break room are located on this level.

Level 1 will house a 10,000-square-foot gaming area including billiards,

foosball, a gaming lounge with arcade games, as well as Wii, Xbox and Playstation.

“Level 1 is the primary ‘at-grade’ level that has the combined function of club and multi-purpose student activities,” Kurz said.

Level 1 also will have musical instrument checkout and practice rooms, a mini-theatre exterior covered patio overlooking both the lower level patio, and a full-service kitchen, food court and coffee bar area.

Service members will also enjoy a large living room/lounge area with couches, chairs, and televisions, a multipurpose room for crafts, meetings, and miscellaneous student functions.

Finally, outside on Level 1, troops will be able to hang out and relax on the large exterior front porch.

“I’m excited to provide such a fun atmosphere for the students away from their daily grind of getting into formation, going to classes and doing PT,” Kurz said. “Here, they can kick back and relax. “It is right in the middle of

**“I’m excited to provide such a fun atmosphere for the students away from their daily grind of getting into formation, going to classes and doing PT.”**

*Justin Kurz,  
project engineer,  
U.S. Army Corps of Engineers on  
Fort Sam Houston*

the campus. So, they’ll have a place to go right across the street from their classrooms as soon they get out of class,” he added.

Level 2 includes a 1,677-square-foot outdoor “rooftop” patio area and beverage station. A 7,600-square-foot student business center,

administrative support offices, a “cybrary,” and chaplain’s offices round out this level.

The new SAC will host the popular ethnic celebrations that were held yearly at the Hacienda, and will allow the shows to go on including the Festival of the Arts and Operation Rising Star, also big hits at the old facility.

The facilities will go up at the corner of Garden and Corporal Johnson Roads directly in front of Smith Hall and Anderson Hall.

Part of the Base Realignment and Closure process, the new facility is set to accommodate the influx of students training at Fort Sam Houston. At any given day, as many as 7,000 new trainees make the post home at least for a little while.

The SAC, Building 1477, will cost \$19,945,620 and is slated for completion Feb. 24, 2013, with an opening date of April 11, 2013.

The ASB, Building 1467, will cost of \$10,739,245 is expected to be completed on Jan. 20, 2013, with an opening date of March 21, 2013.





**Safety Seat Clinic**  
Jan. 19, 1 to 3 p.m., Auto Craft Shop Building 2410, call 221-0349, 221-0326 or 221-0221.

**EFMP New Year New You**  
Jan 19, 1:30-2:30 p.m., Roadrunner Community Center Building 2797, call 221-0600 or 221-2418.

**Battlemind Pre-Training for Families**  
Jan. 19, 2:30-4:30 p.m., Roadrunner Community Center Building 2797, call 221-1829 or 221-0946.

**Fort Sam Houston Community Center Grand Re-opening**  
Jan. 20, 5 p.m., Building 1395 on Chaffee Road.

**Dare to Be Debt Free**  
Jan. 23, 2-4 p.m., Roadrunner Community Center Building 2797, call 221-1612.

**Women Encouraging Women Developing an Attitude of Gratitude**  
Jan. 23, 11 a.m.-noon, Roadrunner Community Center Building 2797, call 221-0349.

**Family Readiness Group Leadership Academy**  
Jan. 24, 8 a.m.-4 p.m., Roadrunner Community Center Building 2797, call 221-1829 or 221-0946.

**HUGS playgroup**  
Jan. 24, 9-11 a.m. at the Middle School Teen Center Building 2515, call 221-0349 or 221-2418.

**Baby Talk**  
Jan. 24, 1-2:30 p.m., Dodd Field Chapel, call 221-0349 or 221-0655.

**Couponing Class**  
Jan. 24, 2-4 p.m., Roadrunner Community Center Building 2797, call 221-2380.

**Girl Talk**  
Jan. 24, 4-4:30 p.m. at School Age Services, call 221-0349.

**Teen Talk**  
Jan. 24, 4:30-5 p.m., Child and

Youth Services Building 2797, call 221-0349.

**Mandatory Initial First Termer Financial Readiness**  
Jan. 25, noon-2 p.m., Education Center Building 2248, call 221-1612.

**Newcomer's Extravaganza**  
Jan. 31, 9:30-11 a.m., Fort Sam Houston Community Center, call 221-1681 or 221-2418.

**Bowl to Win**  
Through Jan. 31 at the Fort Sam Houston Bowling Center. Three winners will be randomly selected weekly to win custom bowling balls and bags. Bowling results must be submitted at <http://www.usafbowl-towin.com>.

**Harlequin Dinner Theatre**  
"The Mousetrap," Thursday-Saturday through Feb. 18, 6:15 p.m. dinner, 8 p.m. curtain, call 222-9694.

**DECA Scholarships**  
The Joint Base San Antonio-Fort Sam Houston Commissary is accepting scholarship applications

for military children and spouses through Feb. 24. Call 221-4678 or visit <http://www.militaryscholar.org>.

**All You Can Cut Firewood**  
Bring your chainsaw and cut all the oak firewood you can fit into a small truck for \$5 or a large truck for \$10 at Camp Bullis Outdoor Recreation Area. Call 295-7529 or 295-7577 for information.

**Hunting on Camp Bullis**  
Rifle hunting, Saturdays and Sundays, 5:30 a.m. to late evening. Bow hunting for deer, hogs and turkeys Mondays and Thursdays, 5:30-10 a.m. and Friday through Sunday, 5:30 a.m. until late evening. Call 295-7529 or 295-7577.

**Air Force Education & Training Center**  
7:30 a.m.-3:30 p.m., Monday through Friday, relocated to a temporary building at 2427 Hood St., call 221-2135.

**Basic Skills Education Program**  
Classes are Monday-Friday 7:30 a.m.-3:30 p.m. for a period of 14 working days. Service members will receive instruction in reading

comprehension, vocabulary, and math skills. The class is designed to teach basic college preparatory skills to service members with a GT score less than 110. Call 221-1738 to enroll.

**Better Opportunities for Single Servicemembers**  
BOSS meets the first and third Wednesday of each month at the BOSS Zone in the Benner Barracks. BOSS is currently looking for volunteers to help build a home for a wounded service member. Call 221-4242.

**Brigade Gym Temporary Structure**  
The temporary gym structure at the corner of Hardee and Williams Roads is open 5 a.m.-9 p.m. Monday through Friday, closed weekends and holidays.

**Central Post Gym**  
Closed for renovation.

**Sports Scores**  
For Fort Sam Houston and 32nd

See INSIDE, P15

## FSHISD CAMPUS ACTIVITIES

**Fort Sam Houston Elementary School**  
**Jan. 23**  
Attendance lunch on stage  
**Jan. 27**  
Early release - 11a.m.

**Robert G. Cole Middle and High School**  
**Jan. 24**  
Boys soccer at Canyon Lake, 7:45 p.m.  
**Jan. 25**  
Girls soccer at Memorial, 5 p.m.  
**Jan. 27**  
Girls varsity/junior varsity basketball vs. Brooks, 5/6:30 p.m.  
Boys varsity/junior varsity basketball vs. Brooks, 5/8 p.m.  
Boys soccer at St. Anthony, 4 p.m.  
**Jan. 28**  
Girls soccer vs. Kennedy, 10 a.m.  
JROTC Military Ball at Holiday Inn-Riverwalk, 7 p.m.-midnight



**ABNEY from P3**

“I’ve often heard people say how much they wish Dr. King were still living today to see the result of his work in his service.” Abney said.

“I remind those people that Dr. King was not a selfish man. If action shows that he was not a selfish man, then he did not do his work in service for mere gratification or results. Don’t forget King’s words: ‘All

you need is a heart full of grace and a soul generated by love.’”

In closing, Abney challenged everyone to keep Dr. King’s dream alive each and every day. “I leave you with one question to take with you,” Abney said. “What will your ‘dash’ tell others about your selfless service”

“Abney’s speech was inspirational and very relevant in terms of how we should live every min-

ute of the day,” said Master Sgt. Gregory Study, installation equal opportunity advisor. “Abney encouraged us to perform service with passion and from the heart.”

The Fort Sam Houston Elementary School “Exemplary Choir” followed the speech with songs performed on xylophone and glockenspiel, and a choral rendition of Michael Jackson and Lionel Richie’s “We Are the World.”

**32ND MED from P3**

Speaking about King advocating nonviolence as he pursued the business of changing conditions for minorities, Diggs added, “This was an individual that made his speech Aug. 28, 1963 (‘I Have a Dream’ speech), and in my mind there were many things

that led up to that speech that forever changed not only our nation, but the world itself.

“When I look at this audience, I am looking at a uniformed member or a family member, the message I want you to take away is the importance of what you give for a greater cause, not just for your individual

contribution but how you make a difference in what you do in each and every day,” Diggs said.

“I consider Dr. King a national hero. Not just a hero for the black community but for all minority communities, considering that I am an Asian American,” said Pfc. Song Shin, with Company B, 187th Medical Battalion.



**For Sale:** Four Michelin 80,000 mile rated car tires, 205-70R14 with 9/32 inches of tread left, \$15 each or \$40 for all; lady’s fur jacket, \$42; woman’s three-quarter length fur coat, \$675; new bike helmet, \$15; computer desk, 41inches long by 16 inches wide by 28 inches high, \$17. Call 313-0061.

**For Sale:** Vintage 1989 Honda Civic Hatchback DX, automatic, A/C, CD/AM/FM, excellent mechanical condition, maintenance records available, runs great, \$4,399 value, asking \$3,999 obo; REM dual adjustable Martinique bed with massage, top of the line, excellent condition, mattresses 2 months old, \$6,800 retail, asking \$3,799; Stuyvesant upright piano, \$249. Call 659-6741.





**Hondo, Texas Walk and Bike Events**

The BTC Oddsports Club volksmarch club will host a 5k and 10k walk and a 25k bike event Jan. 21 starting at the Hondo City Park No. 2, 100 Castro in Hondo. Walks start between 8 a.m.- noon, finish by 3 p.m. Call 204-9301 or email [btco@satx.rr.com](mailto:btco@satx.rr.com).

**INSIDE from P12**

Medical Brigade intramural sports results, visit <http://bit.ly/MWRsports>.

**Stilwell House**

The Fort Sam Houston Stilwell House, a historic landmark since 1888, is open for tours, receptions and parties. The Stilwell House is managed by the Society for the Preservation of Historic Fort Sam House, Inc. a 501(C)(3) Corporation not affiliated with the Department of Defense. Call 224-4030 or 655-0577.

**Cloverleaf Communicators Club**

Meetings are held the first and third Thursday of every month 11:45 a.m.-1 p.m. at San Antonio Credit Union, Stanley Road, in the conference room. Call 916-3406

**Warrant Officer Association Meeting**

The Lone Star Silver Chapter of the U.S. Army Warrant Officer Association will meet at 5:30 p.m. Jan. 23 at Chacho's & Chulucci's, 8614 Perrin Beitel Rd. Call 221-7327 or 666-9818.

**St. Mary's University Neighborhood Walk**

The LoneStar Walkers volksmarch club will host a 5k and 10k walk Jan. 28 starting at the University Center Atrium at St. Mary's University, One Camino Santa Maria. Walks start between 10 a.m. and 1 p.m., finish by 4 p.m. Call 830-980-5723.

or 221-8785 or visit <http://power-talkinternational.com/>.

**Toastmasters Club**

The club meets the second and fourth Wednesday of every month noon-1 p.m. in the Joint Program Management Office conference room 1A, Building 4196. Call 663-4814 or 850-420-1610 or visit <http://www.futurespeakers.freetoasthost.org>.

**Van Autreve Sergeants Major Association**

The SMA Leon L. Van Autreve Sergeants Major Association meets the third Thursday of each month at 5 p.m. at the Longhorn Café, 1003 Rittiman Rd. All active duty, Reserve, National Guard and retired sergeants major are invited and encouraged to attend. Call 221-0584

### Edwards Aquifer Level

in feet above sea level  
as of Jan. 17

**CURRENT LEVEL \* = 652.1'**

\*determines JBSA water conservation stage

**Normal - above 660'**  
**Stage I - 660'**  
**Stage II - 650'**  
**Stage III - 642'**  
**Stage IV - 640.5'**  
**Stage V - 637'**

Joint Base San Antonio will revert back to Stage I water restrictions; the J-17 Well Level is at 652.7 feet as of Jan. 5 and has been over 650 feet for more than 30 days, allowing for JBSA to return to Stage I conditions. Watering hours are now allowed between the hours of 8 p.m. and 10 a.m. and new turf can be planted at this time.

or 889-8212.

**Sergeant Audie Murphy Club**

The SMA Leon L. Van Autreve Chapter of the Sergeant Audie Murphy Club meets the third Thursday of each month at noon in the Men's Card Room at the Fort Sam Houston Golf Club. All Sergeant Audie Murphy or Sergeant Morales members are invited and encouraged to attend. Call 808-1732 or 221-0144.

**Lost Property**

If you have lost any property on Fort Sam Houston, call 221-2340. To claim items, you must have a form of photo identification and be able to identify the property.

### Weekly Weather Watch

|                   | Jan 12                                 | Jan 13                                  | Jan 14                                  | Jan 15                                 | Jan 16                                      | Jan 17                            |
|-------------------|--|---|---|--|---|-----------------------------------|
| San Antonio Texas | <br>77°<br><small>Mostly Sunny</small> | <br>78°<br><small>Partly Cloudy</small> | <br>78°<br><small>Mostly Sunny</small>  | <br>77°<br><small>Mostly Sunny</small> | <br>77°<br><small>AM Clouds PM Sun</small>  | <br>70°<br><small>Showers</small> |
| Kabul Afghanistan | <br>32°<br><small>Sunny</small>        | <br>33°<br><small>Sunny</small>         | <br>35°<br><small>Partly Cloudy</small> | <br>34°<br><small>Snow Showers</small> | <br>33°<br><small>Scat Snow Showers</small> | <br>32°<br><small>Sunny</small>   |

(Source: The Weather Channel at [www.weather.com](http://www.weather.com))